

## RESOURCE LIST: PSYCHIATRISTS

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***If you plan to use your insurance, be sure to ask whether the therapist accepts your insurance plan. Or, call your insurance company to ask for a list of in-network providers.***

- **Geisinger Holy Spirit Behavioral Health** – <https://www.geisinger.org> (search “psychiatry”)  
3 Flowers Drive, Mechanicsburg, PA 17050  
(717) 612-1830  
*Several child and adolescent psychiatrists on staff.*  
*Intake Process:* Leave a voicemail for a return phone call. It will take about 30 minutes to complete a phone intake and gather insurance info. They will then schedule an initial appointment (about 2 hours). The first follow-up appointment will be about one month later.
  
- **Cumberland Psychiatric Associates**  
20 Erford Road, Lemoyne, PA 17043  
(717) 761-8332
  
- **Shawna Brent, MD** - <http://www.shawnabrentmd.com/>  
20 Erford Rd, Suite 101, Lemoyne, PA 17043  
(717) 730-8555  
*Highmark and self-pay only; rates are on her website (as of 7/1/20, \$200 for eval and \$110 per med management visit)*
  
- **Peter Moskel, MD** - <http://www.moskelcounseling.com/staff.html>  
1200 Walnut Bottom Road, Suite 204, Carlisle, PA 17013  
(717) 323-0304  
*Sees ages 6 and up; does not take M.A.*
  
- **Sandy Abbey, Psychiatric Nurse Practitioner** - <http://www.leedyabbeycounseling.com/>  
Offices in Carlisle and Camp Hill  
(717) 241-2345  
*Does not take M.A.*
  
- **Christian Kcompt, MD** – <https://www.drkcomtcenterforwellbeing.com>  
3461 Market Street, Suite 105, Camp Hill, PA 17011  
(717) 603-3700  
*Holistic approach; integrative mental health*
  
- **Pennsylvania Psychiatric Institute** – <http://www.ppimhs.org>  
2501 N 3<sup>rd</sup> Street, Harrisburg, PA 17110  
(717) 782-6420  
*Larger number of child & adolescent psychiatrists*

## COMMUNITY MENTAL HEALTH AGENCIES

*These agencies typically have a range of mental health services, including psychiatrists for evaluation and medication management.*

- **Diakon Family Life Services** - <http://www.diakon.org/family-life-services/>  
Offices in Carlisle, Mechanicsburg, and New Bloomfield  
(717) 795-0330 – 960 Century Dr, Mechanicsburg
  
- **Family Behavioral Resources** – <https://familybehavioralresources.com/psychiatric-services/>  
Offices throughout PA  
(717) 496-8127 - 77 North Third St, Suite 201, Chambersburg
  
- **Laurel Life Services** - <http://www.laurellife.org>  
Offices throughout central PA  
(717) 243-1326 – 1710 Ritner Highway, Carlisle  
(717) 582-9922 – 217 S Carlisle St, New Bloomfield
  
- **NHS Human Services** - <http://www.nhsonline.org/location-pennsylvania.html>  
(717) 243-6033 – 33 State Ave, Carlisle  
(717) 243-6033 – 6077 Spring Road, Shermansdale  
*\*Parent-Child Interaction Therapy available in Carlisle*
  
- **Pennsylvania Counseling Services** - <http://pacounseling.com/>  
Several offices throughout the mid-state  
(717) 245-9255 – 1 Greystone Road, Carlisle  
(717) 795-8363 – 445 Gettysburg Pike, Mechanicsburg
  
- **TW Ponessa** - <https://www.twponessa.com/services/psychiatric/>  
1325 N. West Street, Carlisle, PA  
(717) 386-5237